

**Happening Each Week**

**Prayer Times:**

Sunday's 9:15 - 9:45 AM

**Monday's, Tuesday's, and Wednesday's,**  
9:30 – 10:30 AM. (Time and location of weekday prayer subject to change without notice. Call or text Barbara [number at right] for updates).

**Spanish Services: Thursday's** 6:00 PM and **Sunday's** 3:00 PM (Subject to change without notice. Contact Ruben [number at right] for updates if you aren't a regular attendee).

**Wednesday's:** 6:30 - 8:00 PM Service and classes for ages 11 and under including nursery.

**Sunday's:** 10:00 AM Service with classes for ages 11 and under including nursery.

5:00 PM **X Factor Youth Group**

**Public Parking or Courteous Parking?**

We at FMC practice **Courteous Parking** by leaving the parking spaces next to the Nazarene church across the street for their members.

**Honor Others by**

**Putting Them First** Romans 2:10

**Pastoring**

**Calvin and Barbara Scott**

520.364.3397

520.508.2805

011.52.634.106.5692 (Mexico)

email - fmicnb@wildblue.net

**Mitch and Nina Nelson**

Mitch 520.508.3221

email - mnnelson@live.com

Nina 520.227.3312

**Ruben and Maria Serrato** (Spanish)

520.255.5046

**Peter and Lucy Samaniego** (X-Factor Youth)

Peter 520.234.8393

Lucy 520.678.9553

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**New Gen Bible Club**

Join **Douglas High School's New Generation**

**Bible Club** – Monday's and Thursday's  
at 3:00 PM in Mr. Nelson's room.

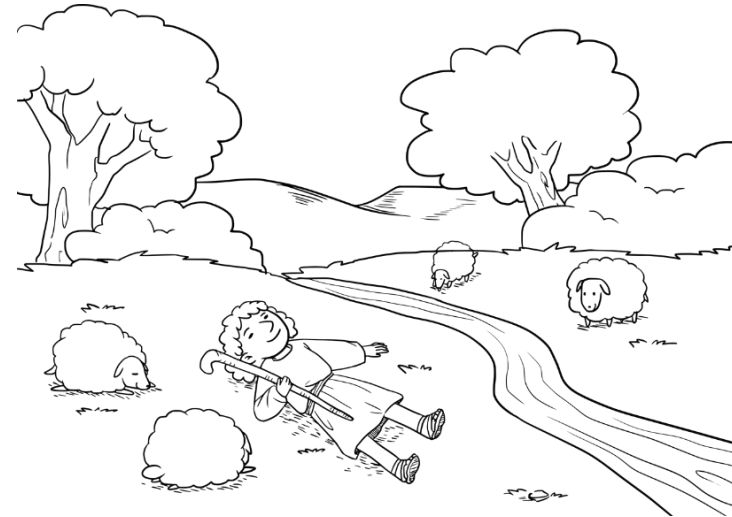
**Facebook:**

New-Generation-Bible-Club-Douglas

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**Church and Missions Mailing address:**

P O Box 1252 Douglas, AZ 85608



**When Should We Observe the Sabbath?**

There is not enough room on this one sheet of paper to fully address this topic. However, most Bible scholars will agree that the Sabbath is Saturday, not Sunday.

The important thing to remember is that Jesus came to redeem us from the law of sin and death so we could have true spiritual rest and fellowship with God - not just one day a week but every day, not through what we do, but through what He did on the cross to provide for our right-standing with God (Romans 11:6, Ephesians 2:8).

As Christians, we can gather together at any day, time or place, and Jesus said He would be right there with us (Matthew 18:20; Hebrews 10:24-25)!

**Need Rest? These verses are for you:**

**Matthew 11:28-30** Come to me, all who labor and are heavy laden, and I will give you rest. Take my yoke upon you, and learn from me, for I am gentle and lowly in heart, and you will find rest for your souls. For my yoke is easy, and my burden is light.”

**Isaiah 40:28-31** Have you not known? Have you not heard? The LORD is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and to him who has no might he increases strength. Even youths shall faint and be weary, and young men shall fall exhausted; but they who wait for the LORD shall renew their strength; they shall mount up with wings like eagles; they shall run and not be weary; they shall walk and not faint.



## Notes:

**Faith Life Bible App**  
Join Faith Ministries Church on Faithlife ● Go to Faithlife.com  
● Register account  
● Look for Faith Ministries Church

**Wi-Fi fmc-Guest** Password: **habakkuk2:2**

**Celebrate Recovery Group Here at FMC**  
Taught by Martin Pizano (520.282.8582) **Saturday's 4-5 pm**

**Live in Turmoil & Anguish, or REST?**

- why be like a duck, and how?
- find the rest of obedience
- rest definitions
  - reposing down
  - settle down and colonize
  - ultimate rest – a type of heaven

**LISTEN** to: **8-28-19** Hebrews 4:3 (GNT) We who believe, then, do receive that rest which God promised...  
**Wed. PM**

**\*TODAY\***  
**Pot Blessed Lunch** (potluck)  
Please stay and eat with us.

Joe Café **COFFEE** Kaffee Java 

Our coffee station is open Sunday mornings until a few minutes before service start time.

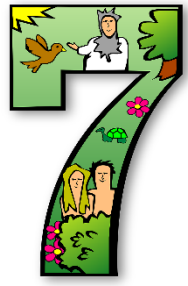
Busy bee workers begin arriving around eightish am and the church becomes a fun beehive of activity with people getting ready for our morning service.

You are invited to come early, have some **FREE** coffee, and rest in God's presence.

**Bring a Friend** ○ **Read** ○ **Meet New People**

“Do not strive in your own strength.  
– Andrew Murray

Rest time is not waste time. It is economy to gather fresh strength... It is wisdom to take occasional furlough. In the long run, we shall do more by sometimes doing less.  
– Watchman Nee”



## Observing the Sabbath from Billy Graham's My Answer Column

**Q:** A friend and I were discussing the Bible the other day, and we got to talking about how to observe the Sabbath. Why did God tell us to set aside one day out of seven? Is it supposed to be a day of rest, or is it supposed to be for worship and other church activities?

**A:** God told us to set aside one day out of seven for a very good reason: He knew we needed it. If we work all the time, not only will we wear out physically, but we'll also neglect our relationship with God.

This is why one of the Ten Commandments says, "Six days you shall labor and do all your work, but the seventh day is a Sabbath to the Lord your God" (Exodus 20:9-10). (The word "Sabbath," incidentally, comes from an old Hebrew word that means to cease or stop doing something.)

This also is why we observe the Sabbath best when we use it for both rest and worship. Our bodies need rest, and that's why the Old Testament decreed, "Six days you shall labor, but on the seventh day you shall rest" (Exodus 34:21). But our souls also need renewing—and that's why the Sabbath also should be a time for worship and instruction in God's Word. Jesus regularly attended worship on the Sabbath (e.g., Luke 4:14-16).

I'm afraid we're in danger of forgetting this commandment today—but when we do, we pay a price both physically and spiritually. Instead, God loves us, and He wants to bless us by giving us rest and restoring our souls. May this be true every week for you—and every day. When we know Christ, every day is an opportunity to love Him and serve Him more. © Billy Graham Evangelistic Association. Used with permission. All rights reserved.

### About Labor Day

Churches across America including this one, often talk of the importance of hard work around Labor Day and that is good, but the original intent of Labor Day was to create a day off... a day of rest.

Labor Day is on the first Monday of September every year. It was originally organized to celebrate various labor unions' strengths of and contributions to the United States' economy. The first Labor Day was held in 1882. Its origins stem from the desire of the Central Labor Union to create a holiday for workers. It became a federal holiday in 1894. One of the reasons for choosing to celebrate this on the first Monday in September, and not on May 1, which is common in the rest of the world, was to add a holiday in the long gap between Independence Day and Thanksgiving (timeanddate.com)

**Take some time off tomorrow if you can and enjoy Labor Day.**